



West Carleton Skating Club

www.wcskatingclub.ca

22 OCTOBER 2017

Welcome to the 2017/2018 Skating Season

On behalf of all the coaches and executive of the West Carleton Skating Club, we would like to extend a warm welcome to the 2017/2018 Skating Season. We are looking forward to a great year of fun and learning!

HELMET POLICY

All Canskate and Pre-Canskate program participants must wear a CSA approved hockey helmet. This is a mandate brought in to effect by Skate Canada July 1, 2011.

<https://info.skatecanada.ca/index.php/en-ca/policies/58-helmet-use-policy.html>

The West Carleton Skating Club is a Skate Canada sanctioned organization and we are required to enforce this mandate.

WEBSITE

Check the website regularly for any information on schedules, news, and contact information.

www.wcskatingclub.ca

We have added a **CLASSIFIEDS** section to the website where we are happy to post any items (skates, dresses, guineau pigs, etc ...) you wish to sell.

Just email the details (photo optional) to:

info@wcskatingclub.ca





JUNIOR POWER SKATING

We still have a few spots in our Junior Canpower Program which is a power skating program designed for younger hockey and ringette players.

Developing skating skills that will improve their hockey and ringette ability in a power skating-specific environment, focusing on:

- ◆ Balance skills
- ◆ Forward and backward skating
- ◆ Stopping
- ◆ Turning
- ◆ Agility skills
- ◆ Monday 6:30—7:20pm

*Full hockey/ringette equipment required, including stick.

SENIOR POWER SKATING

We still have a few spots in our Senior Canpower Program which is a power skating program designed for hockey and ringette players who want to IMPROVE THEIR SKATING to IMPROVE THEIR GAME

- ◆ **Action** packed, high energy instructional program
- ◆ **Excellent** complement for those athletes playing on hockey and ringette teams
- ◆ **Emphasises** how to apply skills to game situations
- ◆ Improves BALANCE POWER AGILITY SPEED ENDURANCE
- ◆ Friday 6:00—6:50pm

*Full hockey/ringette equipment required, including stick.

For more information or questions on our POWER SKATING programs, please contact our Canpower Coordinator:
robin.gyimesi@century21.ca
613-294-4316



Canskaters and **Pre-Canskaters** are welcome and encouraged to wear Halloween costumes/attire during their Canskate Session for the following days:

Thursday October 26, 2017

Saturday October 28, 2017

Monday October 30, 2017

Please note the costumes will have to go over their helmets and snowsuits.



SKATE AND DRESS SWAP



The WCSC is happy to offer a Skate and Dress Swap to its members.

This is a great opportunity for anyone who has figure skating attire: skates, dresses, shorts, etc ... to exchange, sell or looking to purchase.

WHEN: Saturday October 28, 2017

TIME: 8:00 to 10:30am.

Tables will be available to display your items. All items and pricing are at the discretion of the Seller.

VOLUNTEERS



The WCSC is a non profit, volunteer run organization. It is with sincere appreciation that we say "THANK YOU" to the volunteers who assist us make the West Carleton Skating Club a fantastic place for our children to learn to skate.

We are ALWAYS on the search for volunteers, and have some areas that could really use a few extra hands.

Please contact Debra Barrett at: president@wcskatingclub.ca, for any volunteer opportunities.

SPECIAL OLYMPICS FUNDRAISER

As a gesture of good will and comradery, the West Carleton Skating Club would like to spread the word about a fundraising effort for the Special Olympic Skaters.

They are hosting a fundraising endeavour where they will be selling raffle tickets via the Skate Ontario Raffle Book.

Each ticket costs \$2 each and the Prizes from the raffle are as follows:

- (1) **First Prize:** 2018 Ford Mustang (est. value \$35,000)
- (1) **Second Prize:** \$5000 Home Entertainment Package
- (1) **Third Prize:** \$3,500 Travel Certificate
- (5) **Fourth Prizes:** 5 prizes of Apple MacBook Air 13" with computer bag
- (5) **Fifth Prizes:** 5 prizes of Apple iPad Mini with Retina 16GB WiFi

If any member would like to help support the Special Olympic Skaters, please contact Debra Barrett at: president@wcskatingclub.ca

ICE IS SLIPPERY!!

The WCSC would like to gently remind parents to please not go on the ice surface at any time. Every person that steps onto the ice MUST be registered with Skate Canada for insurance purposes. Please direct any concerns to the coaches/staff. Thank you so much for your understanding!

